

Activities Unlimited

Volume XXXIII Issue VI

June, 2019

Activities Unlimited General Meeting June 11, 2019

1:00 PM at the WRC Heneveld Hall

On June 11 at 1 PM at the general membership meeting in Heneveld Hall in the Wyckoff Reformed Church a woodwind ensemble from the Ridgewood Symphony Orchestra will perform an eclectic mix of music. The Ridgewood Symphony Orchestra is one of the top community orchestras in New Jersey and one of only two in Bergen County. Its members range from talented high school students to retirees and is comprised of both amateur and professional musicians. Past soloists have ranged from members of the New York Philharmonic and Metropolitan Opera Orchestra. This fall the RSO will celebrate its 80th anniversary.

Many of you have enjoyed their past performances at The West Side Presbyterian Church in Ridgewood, but if not, here is a wonderful opportunity to introduce yourself to their musical talent. A woodwind ensemble of Donna Dixon – Clarinet, Mike Gennari – Bassoon, Miriam Lachenauer – Flute, Christopher Wallace – Oboe, and Jane Rondin – French Horn, will perform. You don't want to miss this.

See Photo Bottom of Page 5

NOTICE TO MEMBERS

Members will be asked to vote at the June meeting on the proposed changes to Article VI of the AU By-Laws as described on page 4 in this and the April and May Newsletters. These changes will move up the voting for new officers to November so that they may be introduced at the December Holiday event, prior to assuming office on January 1st as in the past.

NOTE FROM THE PRESIDENT

I hope you are all enjoying the spring weather. As I write this, it is not raining which is a rarity this spring but it is not hot, so let us hope for a great summer.

I want to keep you abreast of the happenings with our club.

June Meeting- The June 11th meeting will be in Heneveld Hall as usual. We hope you all will be there. See adjoining article for a description of our entertainment.

July Meeting - The July 9th meeting will be in the Church Sanctuary. This is the trial meeting we have been talking about for the past few months. The doors will be open at 9:30 am with the speaker beginning at 10:30am. The meeting will end with a brief business meeting then we all adjourn to Heneveld Hall at noon for lunch and meet/greet. Based on the attendance we will then make a decision of where the future monthly meetings will be, either in the sanctuary in the morning or Heneveld Hall in the afternoon.

Larkin House Usage – We are talking to the Wyckoff people regarding the possibility of utilizing the building on days other than Wednesday that we now use for the band practice, bridge club and discussion group. The building is one level without stairs that would make this more attractive for our usage. More information to follow next month.

Glen Rock Retirement Club- Our Trips and Tours people are discussing the possibility of a joint trip with them. This would help us in filling our trips when it is necessary and a good chance to meet new people. More to follow in the coming months.

High Point Trip, July 11th – We are pleased to report the trip is a go and there are still a few seats available on the bus so contact Dick Botta for further details see page 3. Hope to see you all on June 11th

Joe Pullaro
josephpullaro@hotmail.com
201-337-0018

Please remember that WRC is a smoke-free environment. **This includes E-Cigarettes.**

ACTIVITIES UNLIMITED

GENERAL MEMBERSHIP INFORMATION



2019 OFFICERS



Joe Pullaro
President
201-337-0018



Vincent Tortorelli
1st Vice President
201-447-3718



Bob Dauer
2nd Vice President
201-327-9247



Dave Voehl
Secretary
973-227-6981



Doug Cooper
Treasurer
908-907-1112



Jeff Mohn
Asst. Treas.
201-261-1219

COMMITTEES & C LUBS			
GROUP	CONTACT	PHONE	MEETING
AU Guys Band	John DeSantis	201-447-0256	
Book Club	Vince Tortorelli Joe Clinton	201-447-3718 201-447-2261	4th Wed. 9:30am WRC-Memorial Rm
Dup. Bridge	ED Foldessy	201-327-5767	Wed 1:00pm Larkin House
Rub. Bridge	Bob Mulligan Dave Kampschmidt	201-447-8837 201-405-2043	M & F 1:00pm Franklin Lakes Ambulance Building
Care-Concern	Jeff Mohn Paul Hennion	201-261-1219 201-891-4716	
Chaplain	Rev Andy Kadzban	201-485-8589	
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-825-7541	3rd Wed 10:00am WRC-2nd Floor
Gardening	Joe Lamela Rick Sneyers	201-327-8137 973-248-6625	1st Wed.10:00am WRC-Memorial Room
Golf	Bill Bryne Jim Webb	201-447-5064 201-337-7982	Tues & Thur. Paramus Golf Club
Hiking	Long Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00am WRC-Parking Lot
	Short Fred Theile	201-981-1801	Mon 9:30am WRC-Parking Lot
Historian	Victor Pizzolato	201-612-0038	
History	Pablo Catangay Tony Mastandrea	201-684-1217 201-327-8832	4th Mon 1:00pm WRC-2nd Floor
Investment	Al Connelly	973-616-0755	2nd Thur. 9:30 to 10:30am WRC-Memorial Rm Exp. July & August
Luncheon	John Abrahamsen	john.abrahamsen.bnp.gmail.com	
	Mark Cohen	201-337-4198	

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Pickleball	Tim Tracy Tom Martin	201-560-8911 201-891-3185	Tue & Thur. 9:00 Wyckoff Public Tennis Courts
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photography	Murry Perl Sam Ohan	201-446-7357 201-825-0437	1st Tue 10:00am WRC-2nd Floor
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wed 9:30am Larkin House
Refreshments	Jim Forbes John Gannaway	201-825-0523 201-485-7881	
Science	Jack Yurasek Harry Bennet	201-337-4433 201-891-9527	3rd Tue 10.00am WRC-2nd Floor
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Mark Cohen John Abrahamsen	201-337-4198 201-848-8037	2nd Tues. 9:00am 4th Tues. 9:00am WRC-2nd Floor
Tennis	Dave Burleigh Bob Meyers	201-762-3707 310-254-8699	M, W & F Time & Place Seasonal
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	John Caikowsky Don Wasson	973-599-1056 201-891-1873	2nd Tue 10:15am Heneveld Hall
Web-Master	Don Kirkpatrick	201-337-5666	

The deadline for the July, 2019 Newsletter articles is 5 PM, Tuesday, June 25, 2019. When submitting articles, please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com and jrhensch62@gmail.com or mail to: **Lou Guarneri**, 128 MacLeish Court, Mahwah, NJ 07430

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.

Tuesday

Tuesday, June 4th, 2019 at 12:30 pm; FINO ITALIAN RESTAURANT, Located at 114 W. Allendale Ave, Allendale, NJ. Lunch will include; Appetizers Hot Family Style, Pasta, Salad, Choice of Chicken, Veal, or Fish, Coffee or Tea, and Strawberry Sheet Cake for Dessert. Wives/significant others are invited. BYOB --Mail your check of \$33.pp payable to Activities Unlimited to:
Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430. Questions call Larry at 201-825-5843.

Thursday, July 11, 2019: Bus trip to Banquet & Event Center at the

High Point Golf Club in Montague, NJ. within site of the High Point Tower and Monument. **The bus will leave the Wyckoff Reformed Church parking lot at 8:15 am.** The event will include a full breakfast, followed by an Activity Hour and ending with a full course dinner prior to boarding the bus for home. A 4-hour "Open Bar" is included.

There will be double featured entertainment which includes a comedian and a 12 piece Jazz Band. In addition, the facility has a Putting Green, Driving Range and Golf course. Some of their listed activities are Bingo, Giant Jenga and Horse Racing for Dollars. There are scenic views and nature walking paths.

THIS IS A NEW VENUE.....SOUNDS INTERESTING.....LET'S GIVE IT A TRY!

Wives/Significant others are invited!

Cost is \$ 70. 00 per person and all checks need to be received no later than May 15, 2019. Mail checks payable to Activities Unlimited to:

Dick Botta, 413D. Bromley Place, Wyckoff, NJ 07481. Questions call Dick: 201-848-9001

Tuesday-August 6, 2019 HUNTERDON HILLS PLAYHOUSE

"I DO! I DO!" starring Rex Smith and Broadway legend Andrea McArdle. Ms. McArdle credits include original "Annie"; "Les Misérables" and "Beauty and the Beast". This musical comedy which follows Michael and Agnes thru the whirlwind journey of their wedding day thru fifty years of marriage. A sit down luncheon starts at 11am sharp will precede the show. **Wives/significant others are invited.** Space is limited and all checks must be received no later than July 5, 2019. This is a carpool event. Make checks payable to Activities Unlimited for \$65.00pp and mail to: **John Caikowsky**, 26 Donna Drive, East Hanover, NJ 07936.

Any questions contact John @ johncaikowsky@optonline.net or call 973-599-1056

Thursday – September 19, 2019 – AU ANNUAL SOCIAL

Our annual Fall Wine Tasting Party, now called "AU Annual Social", has a new venue. It will now be held on September 19th from 6:00 pm to 9:00 pm at the Upper Ridgewood Tennis Club (URTC), 915 Glenview Rd, Ridgewood, NJ. This location is approx. 15 minutes from the Wyckoff Reformed Church, and directions will be provided.

We're looking forward to our newer members joining us as it is a great way for them and their **wives/significant others** to meet everyone in a casual social environment.

No one will leave hungry as there will be plenty of appetizers (Shrimp, Top Sirloin on Mini Bread, Pigs in a Blanket, etc.), along with wine, soda and water.

Please send your check for \$42 pp payable to Activities Unlimited to:

George Lewis, 45 Walnut St West, Mahwah, NJ 07430

Notice of Proposed Changes to Article VI (Nominating Committee) of the AU By-Laws

Explanation:

The Executive Committee is recommending some timing changes to Article VI of the club's by-laws in order to move up the election of officers from December to November. The reason for the change is to ensure that the election takes place before the annual December Holiday Dinner Dance. The club has often presented the new officers and "passed the gavel" before formal voting for new officers took place. The recommended changes will avoid this situation. New officers will still enter into their office on January 1st.

Approval of the changes noted below will be by majority vote of members at the General meeting on June 11th.

ARTICLE VI: NOMINATING COMMITTEE

Section 1. *No changes to the existing text.*

Section 2.

The Committee shall select a slate of officers to be presented at the October meeting. Members may make additional nominations from the floor at this meeting.

Section 3.

The nominated slate of officers shall be presented again at the November meeting. Additional nominations may be made from the floor at this time, after which nominations will be closed. The election of new officers by voice vote shall proceed. However, if there is more than one nominee for a particular office, voting shall be done by ballot.

Section 4.

The slate of duly elected officers shall be presented at the December meeting (the Annual Meeting) and will take up office effective January 1.

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Marc J. Bernhardt (Arlene)	23 Carlough Road Upper Saddle River, NJ 07458	Engineer	Transportation, Book Club, Discussion Club, Investments, Trips & Tours, Gardening Club, Luncheon, Science, Hiking Long, Hiking Short, Stock Club, Photography	Home:201-236-2957 Email:marcberhardt@yahoo.com
Dennis LaBarbera	8 Hillcrest Ave., Montvale, NJ 07645	Consulting	Discussion Club, Golf	Home:201-391-0471 Cell:561-222-1027 Email:dennis.laberbera@yahoo.com
Dennis J. Cheeseman (Patricia)	53 Westgate Road Suffern, NJ 10901	Retired	History Club, Trips & Tours, Bridge Social, Bridge Duplicate, Gardening Club, Luncheon, Stock Club	Home:845-357-2988 Cell:845-548-8496 Email:jcheeseman@hotmail.com



The Bridge Club

		1st	2nd	3rd
5/1	NS	Lewes/Spence	Randolph/Zelhof	Bidwell/Yampell
	EW	Anand/Foldessy	Altamuro/Wong	Martin/Meloro
5/8	NS	Bidwell/Spence	Desrosiers/Warner	Lewis/Yampell
	EW	Groesbeck/Peck	Milcos/Randolph	Altamuro/Freimuth
5/15	NS	Barbera/Warner	Levin/Meloro	Hulit/Mahmarian
	EW	Freimuth/Peck	Boylan/Steffen	Anand/Milcos
5/22	NS	Bidwell/Peck	Altamuro/Randolph	Groesbeck/MacDougall
	EW	Deaver/Foldessy	Bartlett/Mahmarian	Milcos/Panagides
5/29	NS	Meloro/Mahmarian	Kampschmidt/Zelhof	Milcos/Lewis
	EW	Anand/Spence	Altamuro/Peck	Yampell/Desrosiers

The Entire Orchestra



The History Club



For the May History Club meeting, the speaker was **Carver Washburn**. The topic was "Amateur Radio Communications: the last Resort (When all else fails)." Carve is a trained, experienced and licensed Amateur Radio (Ham Radio) operator. His presentation started with the narrative on the origin of the "Ham Radio" and described the use of radio frequency spectrum for the purposes of non-commercial exchange of messages, wireless, private recreation, radio sport and emergency communication. The operator of the "Ham Radio" is duly authorized person interested in radio electric practice with a purely personal aim and without commercial interest. There is no age limit, the interest world wide in this field continued to climb. Prospective amateur operators are tested for their understanding of key concepts in electronics and government's radio regulations. The radio amateurs use a variety of voice, text, image and data communications modes and have access to frequency allocations throughout the RF spectrum. This enables communications across a city, region, country and the world, or even into space.

The main focus of Carver's presentation was centered on the critical role of the Amateur Radio operator (Ham Radio), played following the horrific 9/11 attack on the World Trade Center, the attack on the Pentagon and in Pennsylvania. Immediately following the attack on the World Trade Center, communications ceased to function since most of the transmitter, etc. were destroyed. The NYPD, the NYFD and NY Emergency Medical Services and the Office of Emergency Management could not communicate with one another. The Amateur Radio operators mobilized within five minutes of the World Trade Center attack. They provided the information/communications necessary and magnificently without any required communications infrastructure to the police department, fire department, emergency medical services, office of emergency management, hospitals and red cross. The same necessary communications/information were provided to Pentagon and the disaster in Pennsylvania as well. These Amateur Radio operators supplied all the information/communications for many days following the 9/11 attack. They help in supplying information also in other disasters like weather, fire, flood, etc. They provided invaluable information during the superstorm Sandy.

Carve is also involved in his town of Wayne which is prone to flooding by providing information to police, ambulance and emergency services. Questions and answers followed the presentation.

Pablo A. Catangay



Public Discussion Group

Summary of Discussion Group Meeting , 15 May 2019

The group enjoyed a lively and informative exchange of views at its latest meeting. The first topic, which took up most of the meeting's time, looked at the pro's and con's of the Trump presidency after two years. Perhaps predictably, those who support the President enumerated several points, such as the tax law changes, faster economic growth, reduction of regulations and efforts at immigration policy changes as significant accomplishments. Those who viewed Trump negatively interpreted these "accomplishments" in a negative light. The discussion was revealing as it showed how events could lead to very different interpretations. Pro-Trump speakers pointed out how corporate tax reductions and regulatory rollback turbo-charged the economy. Opponents noted how the tax changes deepened the economic divide and while the stock market has continued to rise, less than half the population owns stocks, either directly or through a retirement fund. Regulatory changes have helped some companies, but often at the cost of increased risk to health and safety. Some viewed the withdrawal from international commitments like the "Iran Agreement, the TPP and the Climate Accord, as good for America; others viewed it as short sighted and harmful to American interests. It's unlikely that any basic views were changed, but it was a valuable airing of opinions that enlightened without offending.

Continued on next page

Summary of Discussion Group Meeting , 15 May 2019 (continued)

We next turned to the question of dealing with aging, especially with respect to assisted living. The main focus here was on the extremely high cost of being in assisted care and its virtual inaccessibility in the absence of a good “long-term care” insurance policy. There are a few church related, charitable organizations that have more reasonable fees, but demand outstrips supply. Otherwise, it’s use up your assets and then go on Medicaid. There was general agreement among the group that getting older would continue to be a challenge. Finally, the group looked at the thorny question of “reparations,” an issue that has recently surfaced in the primary run up to next year’s election. Some felt reparations for the harms of “slavery” were unwarranted because the Civil War had taken place so long ago and many benefits had already been put in place. Others pointed to long lasting effects of slavery on family formation and economic advancement. Some noted that slavery had continued by other means, i.e. the “Jim Crow” period following Reconstruction when almost all efforts at integration and economic improvement were thwarted by discriminatory practices and outright violence. While both sides have some merit, almost all agreed that the practicality of implementing such a program and quantifying who and how much would be impossible- and then what about the Native Americans? On the whole, a quite fascinating sharing of views.

For the June meeting on **Wednesday, June 12th at 9:30 am at Larkin House**, the topics will be: 1. the impact of Muslim population growth on a) Europe and b) the USA in terms of culture and law; 2. The US relationship with Iran; and 3) the impact of the Administration’s proposed budget on “safety net” programs. All members, especially first timers, are welcome to come to the meeting.

Tom Butler



The Computer Technology Club

May 22, 2019 Meeting

There were 27 AU Members in attendance at the Wednesday, May 22, 2019 meeting of the Computer Technology Club. The meeting topics included a variety of items with the focus of the meeting being a look at a comparison of two of the major cell phones IE: Apple’s iPhone XR and the Samsung S10.

The meeting kicked off with a look at several technology-oriented videos and gadgets. The first was a look at a video on a smart wallet called **Orasaifu**. Next was a look at **Instadreamer** a device to enhance your dreams. Then we looked at a video on a device to enhance Beer trough improving the foam called **Sonicbeer**. And lastly a look at a video on a gadget called **Vector** that is a cross between Alexa and a toy robot.

Then we looked at several items included on the AU’s website, new items added to the Computer Page Reference section and/or to the Helpful Tips section. We also, explored several other sections of the AU Website to let those in attendance know what is out on the AU Website. A suggestion was made to organize the Reference Section alphabetically with a date presented ... this will be looked into.

Then we started a look at our main topic for this month ... as the beginning part of the meeting was much longer than anticipated we only covered a small portion of the material on our review of Cell Phones. We looked at several videos that did a comparison of the Apple XR to the Samsung S10 cell phones. All the material that was to be presented will be put out on the AU Website ... please review as much as possible as we will continue this presentation at next months meeting. Any questions should be sent to me so that they can be addressed at next month’s meeting.

Continued on next page

Computer Technology Club – May 22, 2019 Meeting

The “Ask John” segment was covered by **John Abrahamsen**. John covered several items the first was how to find your IP Address and the second concerned how to find your GPS location ... write-ups on these two items have been posted to the website. Also, John addressed a question from **Curt Koster** regarding battery usage on a tablet or cell phone ... **a separate write-up was sent out to all CTC members plus the material will be posted to the AU Website Ask John section**

As with most items we discuss at our CTC Meetings key items discussed are posted to the AU Website on the Computer Technology Page (reference section) or under Helpful Hint / Ask John section.

I would like all to think about future topics as we need to pin down topics for our next meeting that will be held on Wednesday, June 19, 2019 at 10AM. The main topic for this meeting will be a continuation of our topic regarding cell phones. Also, we will discuss some updates to our reference section specifically anti-virus software. I will send out the meeting agenda prior to the next meeting. Thanks,

Donald A. Kirkpatrick (201-759-3795) or dakirkpt@verizon.net

The AU Guys Band Perform at AU's May Luncheon

